



EAST SAC Essentials

Hi Neighbor! We hope you enjoy this month's edition. If you have any questions, please [email President Paul Noble](#). Enjoy!

#SUPPORTLOCAL

In light of the recent COVID-19 updates, East Sacramento restaurant, Canon, has been working to prototype a platform to help streamline the curbside and pick-up process for **all** restaurants in Sacramento. Support our local restaurants and order through www.pickupfixe.com for takeout or curbside delivery, or call your favorite restaurant directly.



WELLSPACE HEALTH PROVIDES INFORMATION FOR ESIA BOARD

Mr. Ben Avey, Chief Public Affairs Officer at WellSpace Health, spoke at our March 2020 ESIA board meeting. Our City Councilmember, Jeff Harris, recommended we speak with Mr. Avey regarding the methamphetamine epidemic with the homeless population, treatment and recovery. WellSpace Health offers a full continuum of substance use and co-occurring disorders treatment. Integration of addiction services with primary and mental health care opens up a new door in treating the whole person and address secondary issues complicating or preventing full recovery. WellSpace Health staff of certified drug and alcohol counselors are equipped with required training and experience to help individuals understand, overcome and manage their addiction that exacerbated by co-occurring

substance abuse as well as mental health disorders. They offer a wide range of programs: Clinically Managed Withdrawal Management (Detox), Medication-Assisted Treatment, Adult Residential Rehabilitation, Adult Outpatient, Intensive Outpatient, Perinatal Outpatient, and Sacramento County Adult Drug Court (by referral only). Mr. Avey discussed with our board that methamphetamine addiction treatment at times can be more successful than alcohol and heroin addiction. He estimates that the homeless population has increased in Sacramento by 30% compared to last year. The biggest problem with the homeless population and the increasing methamphetamine addiction is that the drug is cheap. The homeless methamphetamine addict usually associates with the group that uses the same drug and they look out for themselves. He explained how housing is a big component on the success of the recovery. It's one thing to convince the individual to receive treatment, but providing a home will help them disassociate from the group they associated with that has the addiction.

UPDATES FROM THE LAND USE COMMITTEE

The ESIA Land Use Committee comments on development proposals referred to us by the City. In March, we reviewed a proposal for an accessory dwelling unit (ADU) on 41st Street that included deviations to the setback standards. We had a situation where the property owners requested an ADU that they felt was consistent with other requests in the neighborhood, and a neighbor was opposed. Land Use Committee members met with both the owner and the neighbor to help forge a compromise that both could live with. This item is still pending. It brings up an overall neighborhood issue of when deviations to City standards are appropriate or not. ESIA will continue to work with all concerned to ensure fairness and consistency, as there are many ADU's proposed in our neighborhood.

RICARDO FAVELA PARK DEDICATION

Two board members represented the ESIA at the March 5 dedication of a park named in honor of Ricardo Favela in the McKinley Village neighborhood of East Sacramento. Ricardo Favela was a Professor of Art at California State University, Sacramento. He was also an accomplished artist, and one of the founders of the Sacramento-based artists collective, the Royal Chicano Air Force (RCAF). Favela passed away in 2007. The park dedication included opening comments by Phil Angelides, and remarks by: Mayor Darrell Steinberg; Councilmember Jeff Harris; Vice Mayor Eric Guerra; and Supervisor Phil Serna. The 0.13 acre pocket park is located at 3587 Troy Dalton Street, in the northeastern corner of McKinley Village. The park includes a tiled community table and benches; an art wall; landscaping with small open turf area; and tree plantings. Also unveiled that day were works

of public art created by Hearne Pardee and Julia Couzens. [Click here](#) to learn more.



TWO DAY WATERING STARTED MARCH 1

Don't forget! Two day watering started on March 1. Even-number addresses water on Wednesday and Sunday, and odd number addresses water on Tuesday and Saturday. Learn more at City of Sacramento Department of Utilities' [website](#).

HELP SHAPE SACRAMENTO'S FUTURE

[Sacramento needs residents from our neighborhood to apply to the City's inaugural redistricting commission!](#) Will you consider applying so our neighborhood will be

represented? Every ten years, after the U.S. Census, council districts must be redrawn to ensure they have equal population. This process, called redistricting, is critical to ensuring everyone in Sacramento has equal representation on the city council. However, when the lines aren't drawn fairly, they can disenfranchise whole neighborhoods and communities.

That's why, in 2016, Sacramento voters created the Sacramento Independent Redistricting Commission (SIRC) to put the power of redistricting in the hands of the people. Sacramento is just one of a few cities in the country where residents, not politicians, will have the power to draw its City Council boundary lines that will last for the next decade. Commissions like SIRC have been adopted in jurisdictions across the country to fight gerrymandering. The SIRC gives power back to Sacramento residents and allows for a more transparent redistricting process. [The application to serve on the SIRC is open from now until May 1.](#) As a Sacramento resident, you can shape the redistricting process by serving as a commissioner. You will play a critical role in the line-drawing process and have the ability to

ensure fair representation for communities in Sacramento for the next ten years. You don't have to be a redistricting expert to serve; the City needs diverse community members who are committed to an inclusive and fair redistricting process to serve on the commission. The Commission will meet in 2021. Commission members will be expected to commit between four to six hours per month and will receive a stipend for each meeting.

To apply, you must:

- Be a registered voter in the City of Sacramento;
- Have voted in 2 of the last 3 city primary elections OR been a Sacramento city resident for the last 10 years;
- Not have been a major campaign donor (~\$800+) in either of the last two city election cycles; and
- Not have a conflict of interest, which includes city elected officials, candidates for city office, city employees, city campaign consultants and employees, lobbyists, or family members of any of the above.

[For a full list of eligibility requirements, visit the Sacramento redistricting website.](#)

How you can help:

- [Submit an application to serve on the Sacramento Redistricting Commission by the May 1 deadline](#)
- Invite 3 friends to serve as commissioners by forwarding this email to them
- Sign up for email alerts to stay posted on Sacramento redistricting-related updates [here](#).

It's important that all of Sacramento's neighborhoods be represented in this process. I hope you consider applying and ask friends in your network to consider applying as well!

SHAPE THE CITY OF SACRAMENTO'S FUTURE

as an Independent Redistricting Commissioner



Apply to serve as a Commissioner
at redistricting.cityofsacramento.org
by May 1, 2020

JOIN ESIA TODAY
ONLY \$15 ANNUALLY PER HOUSEHOLD



WE LOVE
EAST
SACRAMENTO